

# Essential Clinical Surgery

SECOND EDITION

Stanley Mathew

The second edition of *Essential Clinical Surgery* is a comprehensive textbook on the subject for undergraduate medical students and postgraduates in general surgery.

### Special features

- ❖ Chapters dealing with history, physical examination, investigations and the process of arriving at a clinical diagnosis
- ❖ Five chapters detailing the general features of lumps and swellings, ulcers, arterial diseases, venous diseases and lymphatic diseases
- ❖ Seventeen chapters detailing the clinical evaluation of each organ system
- ❖ Over one thousand and three hundred colour photographs of disease conditions to help understand their surgical presentation
- ❖ Over fifty algorithms to offer a comprehensive overview of facts and supplement the text
- ❖ The last chapter is dedicated to preparing students for their final examination

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20 years.

In the companion website for this book, [www.stanleysurgeon.com](http://www.stanleysurgeon.com), attempts have been made to utilise multimedia to augment the textual and pictorial depiction of the clinical signs of various disease conditions. The available multimedia supplements are marked (W) within the text. A list of competencies and Specific Learning Objectives (SLOs) that teachers may consider desirable to impart to their students during clinical sessions with patients is presented at the end of each chapter (as envisaged in the Competency Based Medical Education [CBME] curriculum prescribed by the erstwhile MCI).

The second edition of *Essential Clinical Surgery* carries forward from the first edition a presentation style which is unique to this book. The premise of the approach herein is that if a sign is elicited incorrectly, it will result in a flawed observation. A flawed observation, in turn, will result in a wrong inference and thereby, a wrong diagnosis. Hence a poor history taking or an incorrect method of examination is likely to prove costly for the index patient, who will then be advised further investigations, often culminating in unnecessary interventions. This may be the reason for patients to seek second opinions. *Essential Clinical Surgery* focuses on describing the correct method of eliciting history and demonstrating physical signs without ambiguity.

Online resources are available at:  
[www.stanleysurgeon.com](http://www.stanleysurgeon.com)

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